

SUNRISE EXPRESS

Weekly Bulletin
Rotary Club of Novato Sunrise

Chartered May 3, 1994

www.novatosunriserotary.org

Rotary International - www.rotary.org

District 5150 - www.rotary5150.org

2009 - 2010



Officers

Greg Crabtree - President
Draw McIntyre - Club Secretary
Harry Thomas - Club Treasurer
Joel Louraine - Past President
Mark MacAvoy - President Elect

Service Directors

Laura Fritz Paul - Community
Sylvia Barry - Youth
Jim Current - World Service
Steve McCaffrey - Vocational
Al Mendoza - Club

Club Foundation

Bill Walker - Treasurer
Membership
Bob Kuchem
Public Relations
David Stompe

District Governor - Riki Inthner

Rotary International President - John Kenny

For the Record

Weekly Newsletter Volume 16, Number 45
Club Meeting 797 was held on Tuesday, May 18, 2010
7:15 A.M. at Moylan's Brew Pub in Novato, CA

To our Readers: You may contact our Club about any information in this Newsletter or just with your general inquiries by Clicking here → [CONTACT SUNCRISERS](#)



Rotary Club of Novato Sunrise Meeting

Club President Greg Crabtree greeted members, and guests with his cordial, *"Good Morning Sunrisers!"*

Our Pledge to the Flag of the USA was led by David Stompe.



We saluted the national Ensign and pledged our allegiance—"long may she ever wave!"

Thought for the Day:

Jay Smalridge via Al Mendoza— *"Teamwork is the ability to work together toward a common vision. It is the fuel that allows common people to attain uncommon goals."* Unknown

Visiting Rotarians

Who	Club	Classification
Ed Jones	Novato	Contractor
Jack Gallivan	Novato	Comptroller

Special Guests

Who	Sponsor
David Fritz	Jim Fritz
Cadet Zach Fritz	Al Mendoza
Cadet Dante Tabarracci	Al Mendoza
Lt.Col. Yoshi Yamaguchi	Al Mendoza

Club Spotlights



Jay Kuhlman, District Website Chair May 18, 2010



President Greg Crabtree and Jay Kuhlman

RCNS President Greg Crabtree presented a special certificate for *Selfless Service to Rotary* awarded to Jay by 2009-2010 District Governor, Riki Intner, at the recent District Conference in San Francisco.

Club Program – May 18, 2010

Lt. Col. Yoshi Yamaguchi, Director of the Novato High School Junior ROTC
and ROTC Cadets: Zach Fritz, and Dante Tabarracci
Sponsor: Al Mendoza

Cadets, and Lt. Col. Yamaguchi of ROTC



Lt. Col. Yoshi Yamaguchi – Al Mendoza introduced Lt. Col. Yamaguchi, Director of the Novato High School Junior ROTC. Brief biography: personal info: Was born and raised in San Francisco. Is married to Dina Yamaguchi. They have two sons (Michael and Yoshi).

- Education: M.A. degree in Military Operations, 2000.
- M.A. degree in Aviation Management, 1995.
- Degree from the University of San Francisco, 1986.

Current occupation: Director of the Novato High School Junior ROTC.

Air Force career:

- Retired Lieutenant Colonel in USAF with 22 years of service.
- Led USAF officer leadership training squadron at Maxwell Air Force Base (AFB), AL.
- Worked at Pentagon during September 11th terrorist attack in the current operations center (situation room).
- Taught navigation at the KC-135, aerial refueling aircraft, training school, Castle AFB, CA.
- Flew worldwide missions as a KC-135 navigator to include Operation DESERT STORM.

Lt. Col. Yamaguchi introduced Cadets Dante Tabarracci, who has been selected to attend the AF academy program, and Zach Fritz, who will graduate this June, and will enter the Army.

The cadets presented a power point program highlighting their ROTC focus on *Integrity, Excellence, and Service*. The ROTC program focuses on: scholarship, community service (1,000 hours/year), responsibility, mentoring other cadets, good conduct, respect, and training for performing well in the business world. To share their work and activities with others, an informative powerpoint slide about each new activity is added to their slideshow.

Acronyms, which stand for values, academics, and problem solving, are practiced, such as:

CHASE:	APTEC	BMW
Check calendar	Assess	
Homework, do it	Plan	Ten Steps
Alarm, set it	Train team	
Set out things needed	Execute	L = C x C
E, check electronics	Celebrate, critique	

The cadets questioned the club on the acronyms. They pointed out that if a cadet does not do well, it hurts the whole team. They are a cohesive unit, and work together to maintain high standards. They work for 'ribbons' which represent: good grades, participation, good conduct, attendance, and service.

Lt. Col. Yamaguchi is obviously proud of his young men, and has perfect confidence in their ability and sense of responsibility.

Presidents' & Members' Announcements **District and Rotary International News**

May 18

May 28 – 31 – Circus.

Cherie Ross: reminded club members that there will be a debunking committee meeting at her house, 79 Pacheco Creek Drive, on May 19th at 6:30 p.m.

Cherie: announced that a number of our club members won special raffle prizes at the Wild Turkey Federation festivities. A good time was had by all.

President Greg Crabtree: passed out the sign up sheet for Circus parking.

Mark MacAvoy: announced that members are needed on May 21st at 9:00 a.m. to help with parking lot set up.

Drew McIntyre: quizzed club re: 10 days left to Circus time, 7 days left until tickets/money is to be returned to AI, and 4 slots needed/per member for help with parking.

Drew: commended Cherie for her resourcefulness in once more getting the Circus Photo in the Marin I.J. How does Cherie do that each year in such a timely way! It was another great photo.

George Silvestri: said we also owe thanks to the United Market. So Drew gave us an impromptu verbal ad for the United Market.

President Greg: announced that there are packets of free circus tickets for all NUSD students. He will call the Superintendent's office to check about having them distributed to the schools. Jan has offered to deliver the packets of tickets to the District Office.

President Greg Crabtree: received a letter from the NUSD, inviting him to be honored at the School Board meeting on May 19th. Greg invited others to attend with him.

Mark MacAvoy: re: the Gilead House on 7th Street, which will be under construction soon, we may want to do something to help in September, either financial help or help with building this home for at risk women.

Upcoming Programs

May 25, 2010	NUSD Foundation: School Fuel Speaker: Elizabeth Sleath, Novato's Citizen of the Year. Sponsor: Jan Hutchinson Where: Moylan's. When: 7:15 a.m.
June 1, 2010	Vial of Life Speaker: Erin Sponsor: Rik Goodell Where: Moylan's. When: 7:15 a.m.
June 8, 2010	The Potomac: Its history and role in FDR's life and work. Speaker: Elizabeth Hannon Sponsor: Rik Goodell Where: Moylan's. When: 7:15 a.m.

District & Club Events

Click Here to see what is happening around the District. Register for District events below. Next big one is the District Assembly!
Club Calendar

Click here to go to the RCNS Master Club Calendar

For all Sunrisers this is an interactive calendar for your use to list the dates, times and places for meetings, events or activities. It is updated by Club Member Sylvia Barry with information received by the Club's Board members, committee chairs and members. By clicking on any day of a month you may get a Day or Week view of the Calendar.
To print any view of the Calendar for a Month, Week or Day just click on Printable View when you are on the view you want and print it. **Our goal is to provide one place where all members can go and get a picture of all that is planned and scheduled for our Club.**
Please help by adding your Club events!



Recognitions/Fines/Birthdays/Anniversaries/Special Days/Thank you's

BIRTHDAYS

and other important conversations



Our ***Fine Master, Mark MacAvoy, asked to see our table cards,***
and checked especially with John Reuscher, who had several.

Mark checked on the red badge Bob Comaduran was wearing. Bob was accused of crayoning the badge with red color. Bob admitted to leaving the badge in a pocket. He was fined \$20.

Jay Kuhlman: was fined for receiving the special certificate from the District Governor.

Shelly Scott: announced that the *Marin I.J.*, and the *Pacific Sun* endorsed her for County Assessor.

Bob Kuchem: reminded club members that there is an excellent article on "The Rise and Fall of Poliomyelitis" (p. 49) in our June issue of the Rotarian. In 1985, Rotary launched the Polio Plus program to spare all the world's children from this dread disease.

Harry Thomas: shared the good news that his brother in law is now well enough to be home from the hospital.

Mark MacAvoy: asked members to consider promoting the Circus at the Farmer's Markets.

President Greg Crabtree: reminded club of the final joint board meeting for both boards, new and current, on June 14th, at Sam's, at 6:00 p.m.

Newsletter Editors (Paparazzi)

May Paparazzo – Jan Hutchinson Chief Paparazzo 2009-2010 - Jim Macfarlan And Photojournalist

