

SUNRISE EXPRESS

Weekly Bulletin
Rotary Club of Novato Sunrise
 Chartered May 3, 1994
www.novatosunriserotary.org
 Rotary International - www.rotary.org
 District 5150 - www.rotary5150.org



2010 -2011



District 5150 Governor
Bill Koefoed

Rotary International President
Ray Klingensmith

Officers	Directors	Administration
President – Mark MacAvoy Secretary – Marie Scully/Pat Warren Treasurer – Harry Thomas Past President – Greg Crabtree	World(International) – Beverly James Community – Dan Rice/Laura Paul New Generations – Andy Podshadley/Sylvia Barry Vocations – Carolin Guerrero Club – Al Mendoza President Elect – Drew McIntyre	Club Foundation Treasurer – Joel Louraine Membership – Bob Kuchem Public Relations – David Stompe Sgt at Arms – Bob Comaduran Webmaster – Jay Kuhlman Newsletter Publisher – Jan Hutchinson Chief Paparazzo – Jim Macfarlan Fun & Frolic – Jackie Bonner Club Awards – Cherie Ross Programs – Rik Goodell
<p>TO OUR READERS: We welcome your inquiries and comments about Rotary and our Club.</p> <p style="color: blue; text-decoration: underline;">CLICK HERE</p> <p>to contact us.</p> <p>Provide name(s) of Rotarians you wish to speak with and your questions or comments.</p> <p>Visit our web sites listed above for more information.</p>		

For the Record
Weekly Newsletter Volume 17, Number 13
Club Meeting 816 was held on Tuesday, September 28, 2010
7:15 A.M. at Moylan's Brew Pub in Novato, CA



Meeting Time & Location Information

Tuesday at 7:15 AM
 Moylan's
 15 Rowland Way
 Novato, CA 94945 USA [map it](#)

Our Meeting starts promptly at 7:15 am. Come in by 7:00 am to enjoy coffee and hot or cold breakfast. Driving directions: From Hwy 101 in Novato take the Rowland Blvd exit EAST toward Vintage Oaks Shopping Center. At first stop light after entering into Vintage Oaks, turn left on to Rowland Way (after turn see Chevron station on your right - Moylan's on your left), bear left around curve and enter left into Moylan's - Carl's Jr. parking lot.



Rotary Club of Novato Sunrise Meetings

Promptly at 7:15 am on September 28, President Elect Drew McIntyre, covering for our traveling President MacAvoy, called us to order. Chris Major led us in the pledge of allegiance.

“Long may she ever wave!”



September 28

Thought for the day:

Al Mendoza gave us these thoughts for the day: “There are two ways to live your life. One is as though nothing is a miracle, and the other is as though everything is a miracle.”

Albert Einstein

“The sea has no sympathy for the unprepared, and little respect for certificates.” Anonymous

“The pessimist complains about the wind, the optimist expects it to change; the realist adjusts the sails.” William Arthur Ward

“You cannot multiply wealth by dividing it.” Adrian Roger

Quiet Time observed.

Jokes of the Day: none today.

Visiting Rotarians

Who	Club	Classification
Klif Knoles	San Rafael	Association Met.
Marilyn Nemzer	Tiburon/Belvedere	Education/Environment
George Estes	Novato	Cemetery Manager

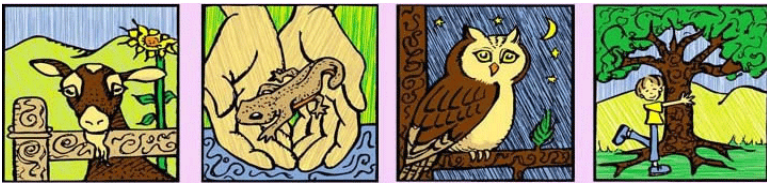
Special Guests

Who	Sponsor
Mike Grant, speaker	Pat Warren

Spotlights



Club Program – September 28, 2010



“Walker Creek Ranch Outdoor Education” Speaker: Mike Grant



Mike Grant, our guest speaker, was introduced by Pat Warren. He is the ranch manager of Camp Soulajule and the principal of the outdoor school at Walker Creek Ranch.

Camp Soulajule is an Arts and Ecology Summer Camp offering a unique experience for children with leadership skills to work and play in the ‘good ole’ outdoors!! It is a program of the Marin County Office of Education www.WalkerCreekRanch.org.

So many of our children have never had the opportunity to experience an “away from home,” over-night camp environmental education program, which encourages each student to explore his/her leadership potential and later return as a camp counselor, which further enhances leadership skills.

Students learn to feed and care for animals, take archery lessons, learn ceramics, and basket making, how to plant vegetables, and to develop leadership skills. The staff takes the students to the beach to learn all about the environment at the ocean’s edge.

Yea doc lis'n up

These kids would pull my tail if they could catch me!



The subject of bugs in the gardens is one that children enjoy. One experience the kids love, while the adults quiver about, is to kiss a banana slug! EEEEEK! Even the girls like to do this as their initiation to the outdoor world.

The staff is trained for any emergency that may arise.

Mike thanked our club for our consistent donations to this worthy school. He said that eleven of sixteen Rotary clubs donate to this wonderful program.

Guests are welcome and are encouraged to spend a few hours at the camp, to have lunch, and to walk around this beautiful campus. Their new chef makes the best sourdough bread ever, and you can even buy a loaf to take home. Camp Soulajule operates all year round. The camp also offers their buildings for conferences.

President's & Members' Announcements **District and Rotary International News**

Members:

- ☺ **Carolyn Guerrero**, our Vocational Chair, introduced Mike DiGiorgio, who told a very funny story about running an airplane business in Palm Springs, and the funny things that happened. If you weren't at the meeting, you missed a really great story! Come next week and hear what Steve McCaffrey has to say about the garbage business! It could be messy!
- ☺ **Marilyn Nemzer**: thanked Mike DiGiorgio and Carol Dillon Knutson for their help, as Novato Council Members, who allowed the Book Exchange to rent a building on Grant Avenue. As a result of operating their bookstore, Marilyn and her staff were able to send 200,000 books overseas. On October 19th, the Golden Gate Computer society needs help setting up computers that will be sent to Fiji. A fork lift for the loading has been donated, now a driver is needed.
- ☺ **Jackie Bonner**: thanked Marie and Bill Scully for hosting the Fun and Frolic party at their home Sunday night. A wonderful time was had by all!
- ☺ Note: In the future: please remember that if you sign up for an event – SHOW UP. If you can't make it, please call the host or hostess.
- ☺ **Dan Rice**: reminded us that the Smoke Detector Project will be on October 16th, at 9:00 a.m. at Los Robles Mobile Home Park. A sign up sheet will be passed next week. Lunch will be served at the Fire House. Who said there is no free lunch!!
- ☺ **Jay Kuhlman and Jan Hutchinson**: announced that Rotary makeups are easy online, if you can't attend a meeting somewhere. The session online takes about 30 minutes or less and is really interesting and fun! Jay will send us an e-mail with the instructions, but you can **CLICK HERE** to download an E-Club list with web site links!
- ☺ **Drew McIntyre**: announced that Rotary Foundation tickets/money may be given to him as Greg Crabtree is away.
- ☺ **Drew**: also reminded us of the following dates;
- ☺ October 2nd Vocational Service Training at 8:30 – 12:30 in San Francisco
- ☺ October 10th Italian Heritage Parade.
- ☺ October 24th "End Polio Now" – a four district conference.

District & Club Events

Click Here to see what is happening around the District.

Click here to go to the RCNS Master Club Calendar

For all Sunrisers this is an interactive calendar for your use to list the dates, times and places for meetings, events or activities.

It is updated by Club Member Sylvia Barry with information received by the Club's Board members, committee chairs and members. Any member may add an event to the Calendar. Just Click on **Add Event** below the Calendar.

By clicking on any day of a month you may get a Day or Week view of the Calendar.

To print any view of the Calendar for a Month, Week or Day just click on Printable View when you are on the view you want and print it.

Our goal is to provide one place where all members can go and get a picture of all that is planned and scheduled for our Club.

Please help by adding your Club events!

Club Program Calendar

Unless noted meetings are: Where: Moylan's; When: 7:15 AM

Program Date	Program Information
October 5, 2010	Greywater Systems Speaker: Laura Fritz. Sponsor: David Ball
October 12, 2010	Medical World Update Speaker: Dr. Tim Murphy. Sponsor: Bill Bell
October 19, 2010	Marin Services for Women Brenda Underhill. Trauma Services Coordinator Althea Collins. Development Associate "Helping women save and transform their lives by providing the most effective substance abuse recovery programs Since 1978. Dedicated to meeting the community's need to understand the nature, treatment and prevention of chemical dependency." Sponsors: Mike DiGiorgio & Jay
October 26, 2010	First Hand Account of Haiti Earthquake from a Responder Jeanne Krafft was a first responder to Haiti after that country's disastrous earthquake last winter. She will tell us about her experiences as a Registered Nurse working in a Haitian hospital after the earthquake. Speaker: Jeanne Krafft. Sponsor: Harry
November 2, 2010	Wine Appreciation Speaker: Andy Podshadley. Sponsor: Laura
November 9, 2010	American Legion - Veteran's Day Come to learn about the American Legion's proud heritage of service to our veterans and their families. As our speaker this year, we are honored to have the Commander of The American Legion Department of California. This is the annual meeting in which we traditionally honor our veterans. All U.S. Armed Services Veterans are invited to come and be recognized for their service. Veterans are encouraged to come in their uniforms -- or merely a piece of it if, like me, they find their uniform has shrunk on the hanger. Speaker: Mark Foxworthy. Sponsor: Rik Goodell
November 16, 2010	"Good News: An Optimistic Outlook on America's Future." We cannot lose sight of the fact that ours is a great country with a wonderful track record of recovering and rebounding from troubled times. Our speaker, a self-described optimist, is currently working on a book manuscript that highlights the positive news in our country from a secular, nonpartisan point of view. As part of the research for his book, Mr. Pulera has undertaken a national listening tour, whereby he goes to different American communities to engage in dialogue with people from different backgrounds. Speaker: Dominic Pulera. Sponsor: George

Click **HERE** for possible updates!



Recognitions/Fines/Birthdays/Anniversaries/Special Days/Thank you's

BIRTHDAYS

and other important conversations



President Elect McIntyre called on Joel Louraine to serve as our mighty fine Finemaster today. Joel collected money from the following:

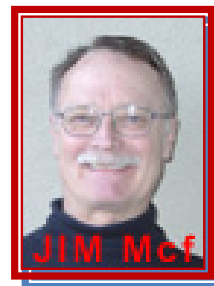
- ☺ **Cherie Ross** announced that Rob had a birthday.
- ☺ **Jackie Bonner and Mike Ring** each left their hats at Marie's house on Sunday, so it cost Jackie \$10 to buy them back.
- ☺ **David Fritz** bought the left over beer from Marie's party. Not Moylan's beer!
- ☺ **Jackie Bonner** gave happy dollars as she is a grandma again – a beautiful baby girl!

Newsletter Editors (Paparazzi)

**September Paparazzo –
Carolyn Guerrero**



**Chief Paparazzo 2009-2010 – Jim Macfarlan
And Photojournalist**



Jan Hutchinson – Editor/Publisher

Jay Kuhlman – Webmaster



Follow the early riser Sunrisers who work hard, finish early and have fun!
"Round the Clock" Meet them at www.NovatoSunriseRotary.org

